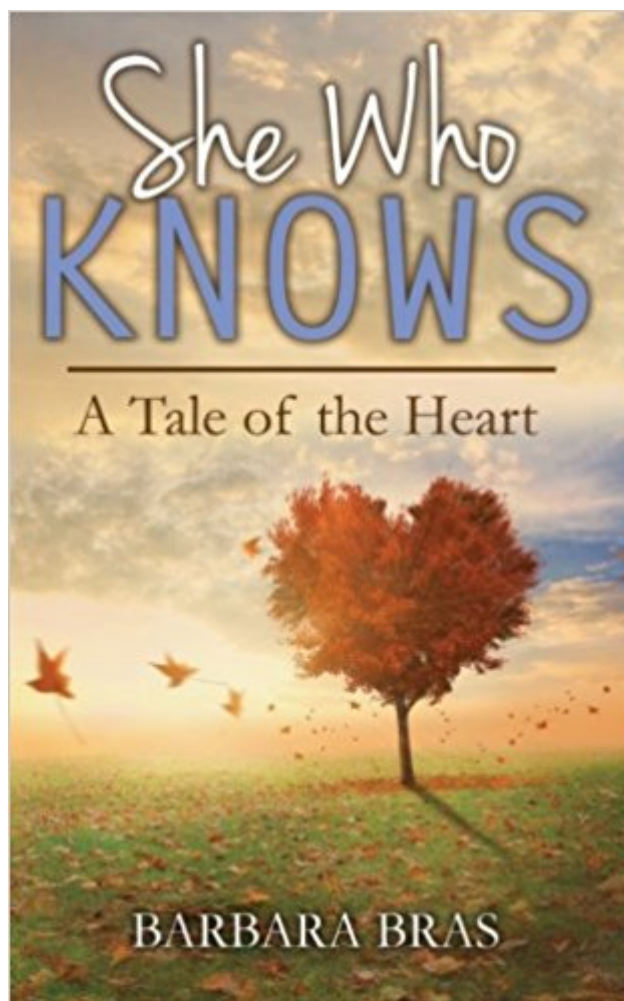


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# She Who Knows: A Tale Of The Heart



## Synopsis

Isolated on a Maui mountaintop, Cassandra has only her imagination to keep her company. Shut in due to her heart condition and shut out emotionally by her father, she meets the Menehune in a dream. Their "Gift" enables her to take the first step away from her loneliness. Along the way she finds an amazing woman in the grandmother she never knew and experiences true friendship with a new classmate. Eventually she learns that to love another she must open her heart, even if it means it may break.

## Book Information

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## Customer Reviews

Praise for *She Who Knows, A Tale of the Heart* "A heart touching and inspiring story of a young woman's drive to overcome obstacles and learn to love." Set in a different place and era, with a touch of Hawaiian folklore, readers will root for Cassandra to grow into the woman she longs to be." Jane Ameel, former Director, Waukesha, Wisconsin, Public Library "Barbara Bras has a refreshing style that is easy and effortless. Her expressions and details are what writers long for and readers hope to absorb." Linda Barnett-Johnson, Professional Virtual Assistant for Authors "She Who Knows, A Tale of the Heart" tells the compelling story of Cassandra. Bras's fascinating tale captures the inner struggles of her character with imagination and sensitivity, and in the lush tropical setting, you'll find yourself rooting for Cassie to find her way through her life's hardships until the tender, satisfying conclusion. An unforgettable read!" ~ Kim Kendall kimkendallauthor.com "This delightful story captivated my attention and kept me reading to the end of the book. Cassandra is a real and engaging character, and the conflicts that she faces throughout the story had me turning the pages to

discover how things were resolved. I loved the Hawaiian setting in this story and her use of the Menehunes and their gift added an interesting twist. I highly recommend this book."~ Holly E. Messick, Author and retired Librarian "Reminiscent of Dickens, She Who Knows, A Tale of the Heart is a warm, engaging, delightful story that will change your heart as well. Well-written with a touching story line and vivid imagery, author Barbara Bras has created a jewel of a book."~ Lori A. Moore, Award-Winning Author, [loriamoore.com/](http://loriamoore.com/) "I loved this story and breezed straight through it. It serves as a well-written reminder to honor the present and never take for granted the life and love you are given."~ Kylie Crawford Ten Brook, attorney "This is a sweet story of growing up unloved and alone -- and finding both love and family; after years of searching."~ Bill Worth, novelist and editor "Bras gives wings to your soul and light to your heart in her delightful and heartwarming tale about Cassie. Set within a lush and sometimes magical Hawaiian landscape, the story will invoke a sense of youth's blossoming and emergence from isolation like The Secret Garden. Though Cassie believes the mystical Menehune's Gift is what makes her powerful, she discovers, similar to The Wonderful Wizard of Oz's Dorothy, that real magic is within, as she unearths pathways to heal her heart. If you are young or young at heart, you will instantly embrace She Who Knows, A Tale from the Heart as a new classic for your collection."~ Elizabeth Onyeabor, Author and Poet, [elizabethonyeabor.com](http://elizabethonyeabor.com)

In 2015, Barbara Bras left her career to pursue her dream of serving God. She believed that her first step would be to share the amazing ways God had blessed her. As she wrote of her son's miraculous adoption and the challenging years that followed, it led to the rediscovery of her entire life, including the history of her grandparents' remarkable survival in Armenia and her search for purpose and love. Her memoir led to her first novel, which she hopes readers will find engaging and memorable.

A story of innocence, grief, and unusual emotional deformity that may forever ruin Cassandra Bartholomew's ability to love. Add a splash of folk lore, a cast of powerful characters, and you have a page-turning coming of age story that will keep you up long past the mid-night hour. Ms. Bras weaves a story in HD that will play across the screen of your mind and keep you guessing, but wanting more. And with a background in Hawaii what's not to love? Great writing! Great story! Great artistry with words!

A wonderful story - I know the author personally - thank you!

Great story line and I especially liked the character Zack because of his positive attitude and encouraging spirit. Couldn't wait to find out the end of the story. Loved the book.

What a charming story! Cassandra is a delightful and captivating character, and you'll be cheering her on as she grows up. Hope there will be a sequel.

MY THOUGHTS ON THIS BOOK  
Cassandra lived a very lonely life because of her illness, not being able to attend school, or even go out and play with other children her age. When she meets little people called Menehune in a dream, her life changed because these little people gave her the ability to read other people's minds. I felt so bad for Cassandra because she didn't have the life of a normal child. And then she loses her grandmother, which was even more heartbreaking. The story gets interesting when the Menehune arrives, though at first I wasn't sure where the story was going. But then as I kept reading, and the story gets into an older Cassandra, it gets more meaningful for me, and I really enjoyed reading it. This is my first book by Barbara Bras, and it was a delight to read. I encourage you to pick up a copy for yourself to read. You will not be disappointed. I received this book from Celebration Lit Blog Tours to read and review. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 55.

"She Who Knows" by Barbara Bras is a story of a lonely little girl who for 5 years lived a lonely life. At age five she was moved to a Maui mountaintop and was visited once a month by her father and a physician. She had one desire, she wanted to go to school with other children. My heart was sad while reading this book, it brought feelings of my childhood back to me, no I wasn't alone but I felt friendless. "She Who Knows" weaves Hawaiian scenery and culture into the story. I like how this story points out that things aren't always the way they seem. I was hoping for a different outcome between Cassandra and her father but the story does have a somewhat happy ending to the relationship. I really would like a sequel to "She Who Knows". I really felt Cassandra's pain when she lost the only one she felt understood her, her grandmother. I was really glad when Zack befriended her. And I have to be honest and say I am glad when Micheal went back to his old girlfriend. Hope I have shared enough to make you want to read "She Who Knows". Oh, I forgot to mention the little dragon that she thinks gives her special powers and then she has to decide if she wants to use the

"Gift" or not. I am giving "She Who Knows" by Barbara Bras four stars. I was given a copy of "She Who Knows" by Barbara Bras by the author and Celebrate Lit for an honest review in the book tour.

She Who Knows by Barbara Bras is a coming of age story about a young woman who is learning to navigate this world she lives in during the 1950s. At 5 years of age her mother passes and she herself has a heart problem and is sent away to live in her late grandparents' home in Maui. She is alone and secluded for health reasons but this also takes a toll on her emotions and socially. Adding a little fairytale mix to the story, at the age of 10 she dreams of the Menehune (which to me seems to be like fairies/leprechauns of European folklore) for the first time and these dreams stick with her. We are with her as she grows up and finally is allowed out into the real world where she encounters a little bit of bullying, she meets her mother's family whom she didn't even know existed, and she meets her very best friend. As she opens up her heart she discovers that she must forgive, that some pain is more than physical, and maybe her father really does love her. This is a sweet story and I enjoyed visiting Hawaii and being introduced to some of its folklore. There is a little bit of paranormal woven into the story as well, enough mysteriousness to keep you turning the pages. I would recommend this to young adults and adults alike. I received a copy through Celebrate Lit for an honest review and the opinions are my own.

Cassandra lived a lonely life. Sheltered from the world and overprotected by her family her life is lonely. She meets mythical creatures called the Menehune and they give her an amazing gift, she becomes able to read other people's thoughts. Imagine if you had been granted this, would you use this gift? Cassandra takes on the world around her in attempts to change her future. In doing so she grows as a person and has to make decisions on when and when not to use the gift she has been presented with. Cassandra was a vibrant character. It takes a really skilled writer to bring a person alive in a story. Barbara Bras did a remarkable job with this! Her back up characters in the story were equally well thought out. I really enjoyed her grandmother, Leora as well. She had a zest for life and brought out the best in her granddaughter. There were also many scenes that required kleenex so I would recommend having a box with you! I got this book in exchange for a fair review but enjoyed it so much I purchased a copy so I can give this as a gift!

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